



# Lesson 2

## How to Stop Bullying

### Say:

Ask: What are some ways you can stop a bully?

Review previous lesson's tips on stopping a bully (Brain Pop video)

- Tell them your feelings (help them realize they are hurting you)
- Stick with a group friends
- Tell an adult

### Watch:

<https://www.youtube.com/watch?v=WwD0Zgk8jGA>

### Discuss:

How did the children in this video put a stop to their friend being bullied?

Have you ever done something to stop a bully?

If stopping the bully doesn't work, what should you do? (reinforce that children are to ask adults for help if the bullying continues)

### Do:

Role play different ways to stop a bully and how a student should approach an adult. Model appropriate responses and give students phrases they may use in bullying situations. Have students write their thoughts and conclusions about the lesson.

### Wrap up:

Same as previous, provide resources to students who say they are being bullied.



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